

Ladies Luncheon



Saturday March 12, 2016 @ 11 AM – 2 PM

Topic

Self-Care:

Mentally, Physically, and Spiritually

Speakers:

- Mo Couzens Moore – The Benefits of Massage
- Marilyn Cooke Strobel – Professional Therapist and Life Coach Self Care Mentally and Physically
- Young Living Essential Oil Demonstration

Suggested \$5 Donation, but no one turned away

Please bring a dish to help!